



Promoting Community Financial Resilience for Life & Wellness

HAAF, CDU, and UCLA Invite You to Their 2-Part Financial Resilience Workshop Series

In times of structural inequity, the prospect of significant financial hardship has increased greatly. With prevalent medical illnesses and disproportionate representation in the “essential” workforce and especially in communities of color, the financial stress people are enduring due to loss of life, employment, and control has intensified due to the current COVID pandemic. Join us as we explore the relationships between financial health, wellness, and longevity, as well as one’s own financial security and assessing them through tools, resources, and participation evaluation by surveys and discussion groups.

Attendees will walk away with a better understanding of:

- *The importance of financial planning from the cradle to the grave,*
- *The barriers and challenges one faces and can overcome when planning towards end of life*
- *The resources that people have at their disposal that can aid them in getting their financial affairs in order*



A Building Bridges to Health Conference

Part 1 – Financial Planning: If Not Now, When and How?

Friday, January 13th
9am-1pm PT

Register here:
<https://tinyurl.com/FWBCConfPt1>

Part 2 – C-LIFE: COVID’s Long-term Impact on Financial Excellence

Friday, January 20th
9am-1pm PT

Register here:
<https://tinyurl.com/FWBCConfPt2>

For more information, contact:

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